

CONTROLS BP



REDUCES JOINT
PAIN



HELPS
MANAGEING PCOS



MANAGE THYROID
FUNCTION

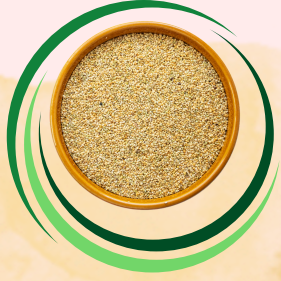


REDUCES SKIN
PROBLEMS



CONTROLS HAIR
FALL





PEARL MILLET



SOYABEAN



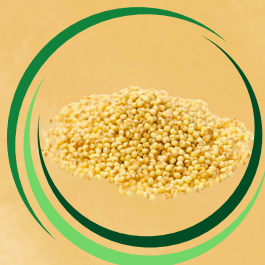
MENTHI



RAJMA



SABHUDANA



JOWAR MILLET



MASOOR DAL



GREEN GRAM



WALNET



BADAM



POPCORN



GROUND NUT



**KABHUL
CHANNA**



PUMPKIN SEEDS



FLAX SEEDS



**SUNFLOWER
SEEDS**



ELACHI



RAGI



**WATER MELON
SEEDS**



BARLEY RICE





SAFETY GUARANTEED



**NO ADDED
SUGAR**



**NO
PRESERVATIVES**



**LAB
TESTED**



**NO SIDE
EFFECTS**



HOW TO COOK

For Weightloss



Scoop 2 tablespoons of the malt powder into a bowl. Add a little water and mix thoroughly until smooth.



Boil 250 ml of water and gradually add the mixture while stirring. Cook until it thickens and becomes lump-free.



Let it cool down. Meanwhile, mix soaked sabja seeds and chia seeds into buttermilk. Once the malt mixture is cool, combine everything together.

HELPFUL TIPS

You may skip breakfast and have a salad if you feel the need.



HOW TO COOK

For Health Management



Scoop 2 tablespoons of the malt powder into a bowl. Add a little water and mix thoroughly until smooth.



Boil 250 ml of water and add salt to taste, if needed. Gradually stir in the mixture while cooking until it thickens and becomes smooth without lumps.



Let it cool down. Meanwhile, mix soaked sabja seeds and chia seeds into buttermilk. Once the malt mixture is cool, combine everything together.



HOW TO COOK

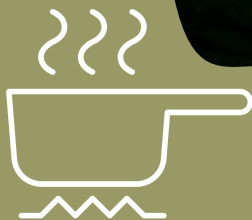
For Healthy weight gain



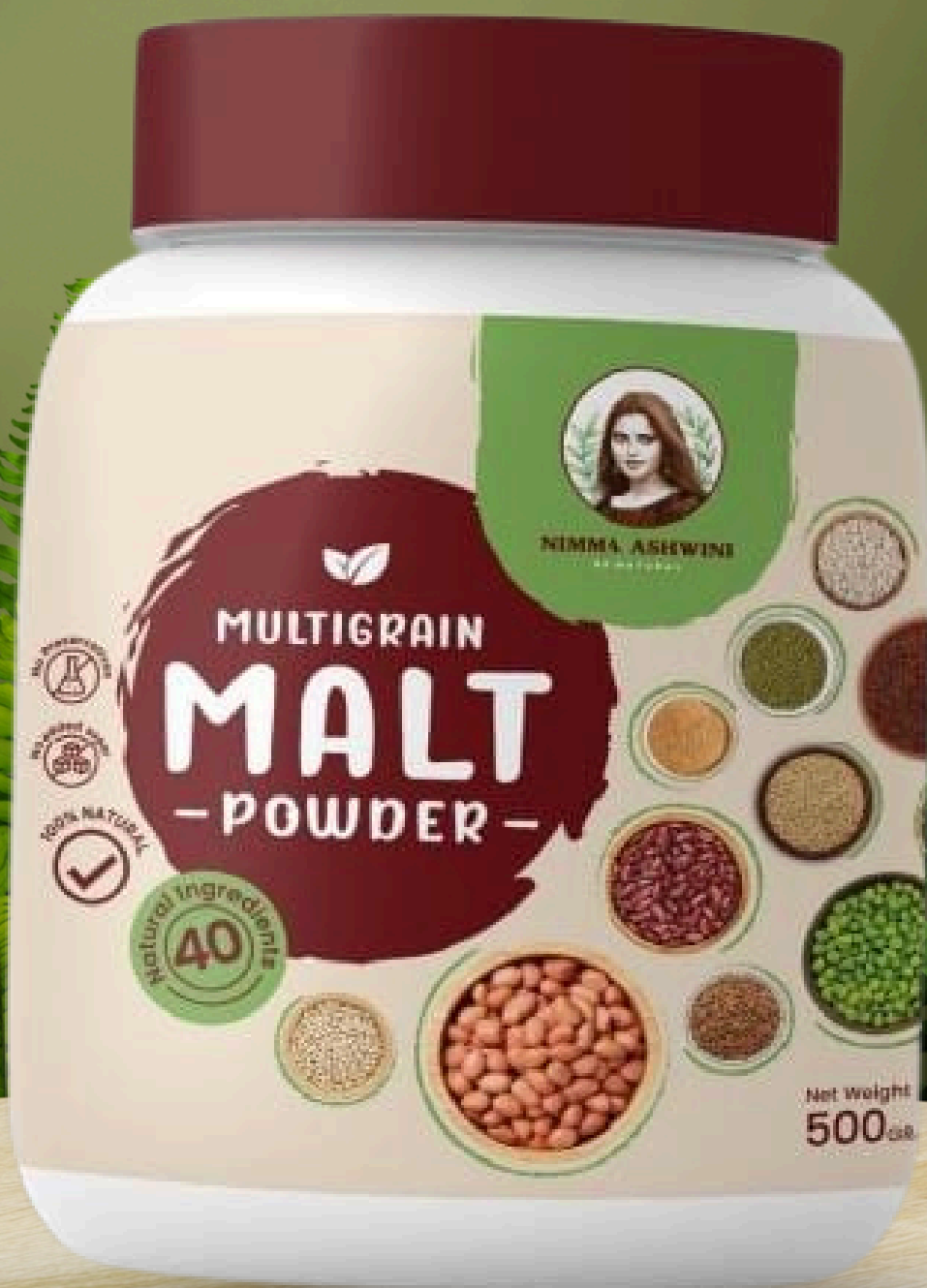
Scoop 2 tablespoons of the malt powder into a bowl. Add a little water and mix thoroughly until smooth.



Let it cool down. Once the malt mixture is cool, Enjoy!



Boil 250 ml of water and Add Jaggery gradually add the mixture while stirring. Cook until it thickens and becomes lump-free.



Health Benefits of Nimma Ashwini Malt

- Controls PCOS Problem
- Corrects Irregular Periods
- Helps to Control Thyroid
- Reduces BP
- Control Sugar level
- Controls Hair fall
- Reduces Skin Problems
- Control Joint Pain
- Helps Weight Loss
(For weight Loss take with Buttermilk)
- Helps Weight Gain
(For weight Gain take with Jaggery)

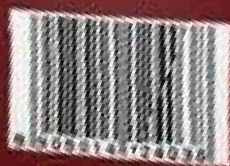
Who Can Take



Recommended for
above 1 year age



Recommend for From
5th Month of Pregnancy



Be Natural ♥ Be Healthy

